

The American Legion

(Copy for This Department Supplied by the American Legion News Service.)

LEGION WOMAN, MOTHER OF 21

Mrs. Jacob Caranek, Healthy and Happy, Holds Record Among Producers of Americans.



Mrs. Jacob Caranek, who runs a neat little grocery store in New Orleans and therein sells butter and eggs, bread, meats, canned corn and maybe the necessities for making those delicious Southern pecan candies, is also champion mother of the American Legion Auxiliary. She is, at least, until some one comes along who is the mother of 22 children.

to beat Mrs. Caranek's 21. A child had come to Mrs. Caranek's house each year for 21 years when America entered the World war. Which of the 21 was dearest to her she herself could not tell, but when the two eldest boys, Joseph and Louis, went away to war the large Caranek family was cast into shadow. "What else should I do?" Mrs. Caranek questioned. "They are Americans and their country needs them. If it is a duty to raise children, it is right to make them love their country." But when Joseph and Louis came home—Joseph served overseas with the Rainbow division and fought in four big battles, while Louis fought in and around Camp Beauregard—the little grocery store could scarce contain the joyful celebration.

Mrs. Caranek came to America when she was fifteen years old, leaving her native village of Petrvice in Czechoslovakia. She is forty-seven years old now and her husband is fifty-eight. The youngest child is six years old and the oldest twenty-eight. Mrs. Caranek has been to but one motion-picture show in her life and she left before that one was over. She works from five in the morning until ten at night in her grocery. And she hasn't a gray hair and has never been sick but once and enjoys life.

NAMED FOR THE COMMANDER

Legion Member Pays Honor to New Son and the Leader of the American Organization.

Since the first time that America had a war, babies have come into the world named for a great or favorite general. The namesakes of Gen. George Washington are still numerous; those of Robert E. Lee and U. S. Grant are going strong into the second generation and there are not a few John J. Pershing Smiths and Joneses to vie with the less recent Deweys and Teddy Roosevelts.

One service man of the American Legion has, however, started the naming of babies after the national commander of the Legion of the year in which the child was born. The first on record is young Hanford Morris, Atlanta, Ga., born a few days after Hanford MacNider, Mason City, Ia., was elected national commander of the Legion. His father, Albert R. Morris, is a member of Atlanta post No. 1 of the Legion.

Recently an ex-soldier of Chicago went into court and asked to be allowed to drop his middle name, which was unpronounceable, he declared. The court gave permission and the service man, an enthusiastic Legionnaire, chose the name of Legion to accompany him through life.

Legion Post Stages "Movies"

To satisfy curiosity-hounds, the Hollywood (Cal.) post of the American Legion stages a "model movie" every week. This saves wear and tear on the nerves of the people in Movieland, and at the same time gives tourists a view of how movies are made. Real reel directors, cameras, and stars are used in the model exhibitions—but the Legion does the work.

Too Much Saluting.

Mayor Oles of Youngstown, Ohio, has revoked his order which called for all his policemen to salute him. "Arm wouldn't stand it," his honor said in way of explanation.

LEGION 'QUEEN' IS DIPLOMAT

Miss Ruth Metcalf, Burlington (Ia.) Girl, Names Her Brother Carnival "King."

Women began practicing the art of diplomacy when Eve was about three days old, and the present generation of fair ones are not so bad at it, the world knows. Even the distinguished foreign diplomats who wear red stripes across their boiled shirts at formal dinners will give the palm to a sweet Iowa girl, however, and if they hesitate, a number of Iowa men might have a word to say that would prompt them.

It happened that the American Legion of Burlington, Ia., having a high carnival and desiring a queen, chose one. The girl selected for her outstanding beauty, wit, and spirit was Miss Ruth Metcalf, who later played tact. Miss Metcalf being duly and fittingly crowned queen, now would choose one of the ex-soldiers as king. It was announced, whereat some hundreds of assorted male beauties struck attitudes of attention. After looking closely over the assembled Legionnaires, Miss Metcalf calmly picked out her own brother and crowned him king. Whereupon the issue was settled with nice diplomacy and the big carnival parade got under way.

ENDED SITTING BULL'S REIGN

Chief Red Tomahawk, Sioux Warrior, and Commander MacNider Smoke Pipe of Peace.

Since the passing of the dime novel, the 40 redskins who used to bite the dust so frequently have become lost to the world. But the exploits of old Sitting Bull may well be remembered, even today, when the marble-shooting generation is reading deep volumes that puzzle exasperated parents.

Sitting Bull also bit the dust in approved fashion and, while touring through Bismarck, N. D., recently, Hanford MacNider, national commander of the American Legion, had the pleasure of meeting the gentleman who caused the Bull's downfall. It was none other than old Chief Red Tomahawk, Sioux warrior, who some years ago captured Sitting Bull's pelt, and who came from the reservation to greet the big chief of the white tribe. With Red Tomahawk came a number of the younger Sioux braves who fought in France with the A. E. F. and gave the Germans the surprise of their lives.

While in North Dakota Mr. MacNider smoked a peace pipe with the Sioux chief and received congratulations of the chief of the first Americans for the organization which is endeavoring to keep America for the present Americans.

Carrying On With the American Legion

The official American Legion grave markers may be had from national headquarters for \$1.30 each, now.

The Legion post of Decatur, Ark., has bought the city's telephone system and, after an overhauling, will operate it.

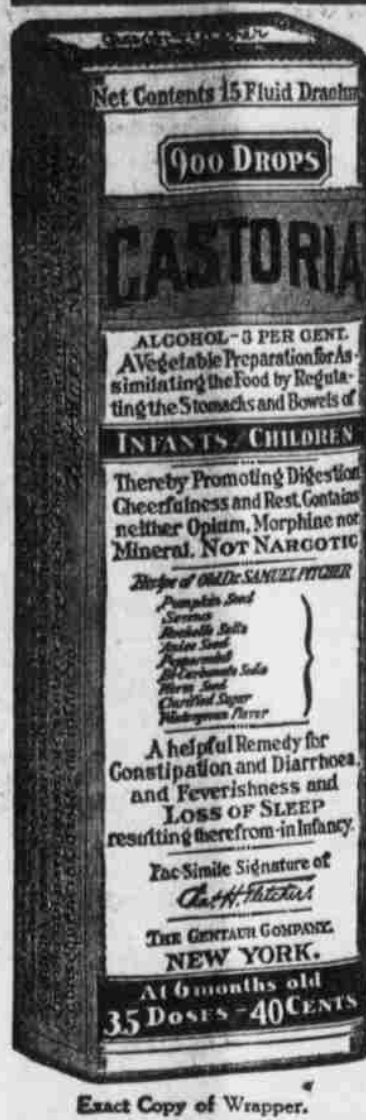
Pershing stadium, built by the A. E. F., has been designated as the place for the holding of the 1924 Olympic games.

The famous French general, Gouraud, has been invited to attend the reunion this year of the Rainbow division, in Minneapolis, Minn.

Poison gas which A. M. Thompson, Cheyenne (Wyo.) policeman inhaled in France during the World war has just caused him to lose 26 teeth. He recovered from a long illness after the teeth had been removed.

Blood for transfusion operations in hospitals at Cleveland, O., is supplied chiefly by unemployed ex-soldiers at the American Legion barracks. A pint or two means nothing in their lives.

The keys of eleven American cities, amassed by Marshal Foch during his tour of the United States as the Legion's guest, now hang in a golden bowl in the marshal's home in Paris. All his souvenirs of America are treasured in the room except the Bob-cat presented by the Legion of Montana, which paces a cage in the Paris zoo.



Exact Copy of Wrapper.

Children Cry For Fletcher's CASTORIA

Special Care of Baby.

That Baby should have a bed of its own all are agreed. Yet it is more reasonable for an infant to sleep with grown-ups than to use a man's medicine in an attempt to regulate the delicate organism of that same infant. Either practice is to be shunned. Neither would be tolerated by specialists in children's diseases.

Your Physician will tell you that Baby's medicine must be prepared with even greater care than Baby's food.

A Baby's stomach when in good health is too often disarranged by improper food. Could you for a moment, then, think of giving to your ailing child anything but a medicine especially prepared for Infants and Children? Don't be deceived.

Make a mental note of this:—It is important, Mothers, that you should remember that to function well, the digestive organs of your Baby must receive special care. No Baby is so abnormal that the desired results may be had from the use of medicines primarily prepared for grown-ups.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

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O-So-Easy to Use
Colors Silk, Wool, Cotton
All At The Same Time.

PUTNAM FADELESS DYES

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WHY PAY MORE FOR ANY DYE?

"DIVORCE RING" THE LATEST

Fad Recently Adopted by Those Freed From the Marital Tie by Court Proceedings.

From time immemorial woman has worn on the third finger of her left hand a plain band of gold as a symbol of her honored position of wifehood. And when death takes from her the partner of her life she signifies her loss and grief by wearing appropriate garb.

But in what a different manner today the widow of the present, that is, the one who by the sanction of the courts, has resigned her job as wife, makes known to all the world her renewed state of single blessedness. For the grass widow of today has just adopted the latest of fads, the "divorce ring." This jeweled symbol of the severance of the marital tie takes the place of the former gold band. It is made of gold or platinum on which is mounted a broken Cupid's bow at the end of which is set a jewel to represent a divorce. Should the wearer once more embark on the matrimonial seas and again come to wreck then another jewel is added to indicate the second divorce, and so on.

Love is sweet because a principal ingredient thereof is taffy.

Lizard Skin Leather.

The island of Ceylon, which sent peacocks, monkeys and baby elephants to King Solomon, for that monarch's zoo, is remarkable for a varied and interesting fauna. One of the oddest of its animals is a huge lizard, called the cabrogoya, which attains a length of four and one-half feet.

The cabrogoya is a very handsome reptile, beautifully marked, and its skin when tanned affords a tough leather of excellent wearing quality and waterproof. It is used for making women's shoes and, with the idea of introducing it in this country for that purpose, specimen hides have recently been sent to our Department of Commerce by the American consul at Colombo.—Philadelphia Ledger.

Useless.

"Great men," said Chief Justice Taft at a dinner, "are usually tactful men. Look at Edison, Henry Ford, Lincoln. All strong, silent fellows."

"Talkative men, after all—" and Mr. Taft chuckled—"Well you know the Mark Twain story:

"Isn't Gabbell a splendid talker, though?" a friend said to Mark Twain. "Best I ever escaped from," Mark answered.

A lump of dirt can be neutral.

MADE HIS MEANING CLEAR

Old Ducky's Description of Wife's Failing Aptly Spelled Out Word He Didn't Understand.

Moses Diggs, an old Alabama ducky, had been arrested for having more than one wife, the last woman being the complainant. He happened to be well known locally and considered an orderly character.

"How many wives have you had?" demanded the examining judge.

"Six, yo' honah," was the reply. "Why couldn't you get on with them?"

"Well, suh, de fust two spilled de white folks' clo's when dey washed 'em; de thud worn't no cook; de foth was feet nacherally lazy; an' de fifth—I'll tell you, jedge, de fifth, she—" "Incompatibility?"

"No, yo' honah," said the negro, slowly, "it worn't nothin' like dat. Yo' jest couldn't git on with her unless yo' was somewhars else."—Harper's Magazine.

Attending Her.

Wilson—"Does your wife drive your car?" Trim—"Only when I'm at the wheel."—Answers.

Folks who really practice self-denial don't talk much about it.

When Hungry Little Muscles Say, "Please Help Me"



DID you ever stop to think who it really is that's talking, when childish voices raise a clamor, "Mother, I'm hungry?"

It's really muscles and bones and nerves and cells worn in the stress and strain of play—that are calling for rebuilding material.

What kind of an answer? The right thing, or just anything? It makes a big difference.

Grape-Nuts, so deliciously crisp and appetizing to taste, and so quick and convenient to serve, is a splendid food for rebuilding young bodies. All the wonderful nutriment put in wheat and barley by Nature, including the vital mineral elements, is there—and Grape-Nuts

digests easily, quickly and completely. Served with cream or milk, Grape-Nuts is exceptionally nourishing.

"That's splendid!" says appetite. "That's just the need!" say the hungry muscles, nerves and bones.

Ready to serve right from the package—always crisp and fresh. A favorite dish with all the family. Sold by grocers.

Grape-Nuts—the Body Builder

"There's a Reason"

Made by Postum Cereal Company, Inc., Battle Creek, Mich.